

# DIY Surgical Mask Pattern

The finished adult mask will be 7.75" wide and 3.75" tall

## **MATERIALS**

- 100% cotton fabric with tight weave (ie quilting fabric)
- 1/8' flat elastic for ear loops or 4 fabric ties - you can use the same cotton fabric to make strips, use pre-made bias binding, or strips of cotton (tshirt) jersey.
- Fabric scissors
- Ruler
- Pins or clips
- Sewing machine and thread

## **CUT LIST**

For an adult size mask

- Cut 1 fabric rectangle 16" long and 8.5" wide
- Cut 2 pieces of elastic, each 7"

For a child-size mask:

- Cut 1 fabric rectangle 14" long and 6.5" wide
- Cut 2 pieces of elastic, each 6" long

For elastic ear loops:

Cut (2) 7" long pieces for adult mask

Cut (2) 6" long pieces for child mask

For fabric ties (if not using elastic)

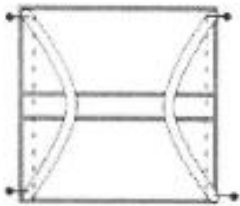
Cut 4 rectangles 18" long by 1.75" wide. Fold the long sides to meet in middle, then fold in half again to encase raw edges. Stitch down length of the rectangles along the edge to create the ties.



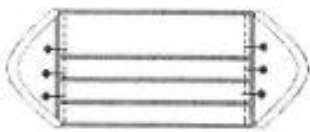
Cut one cotton rectangle 8.5" wide by 16" long Cut (2) 7" pieces of elastic or (4) 18" fabric ties.



Fold in half and sew along the top edge, leaving a 3" opening for the pocket



Sandwich the elastic or fabric ties between the layers of the mask. Pin in place at the corners, and sew along each side



Turn the mask right side out. Fold 3 evenly-spaced 1/2" pleats. Pin in place and sew to secure.