

# SEPTEMBER MENU 2010

Hanscom Park Church 4444 Frances Street  
1 Block S. of 45th & Center Street – Omaha  
www.hanscomparkchurch.org

# angelfood

MINISTRIES

\*Place order here at church on dates/times listed below or  
online at: [www.angelfoodministries.com](http://www.angelfoodministries.com)

## Bit O' Blessing Box

### \$21

(plus sales tax where applicable)

- 2.5 lb. IQF Chicken Breast OR
- 4.5 lb. Perdue Whole Chicken
- 28 oz. Fully Cooked Meat Loaf
- 12 in. Supreme Pizza
- 1 lb. Lean Ground Beef
- 2 lb. Fully Cooked Mashed Potatoes
- 6.5 oz. Skillet Meal
- 1 lb. Rice
- Dessert

## Just 4 Me - After School Box

### \$24

(plus sales tax where applicable)

- 2 lb. Chicken Fingers/Popcorn Chicken
- 1.5 lb. Mini Corn Dogs
- 16 oz. String Cheese
- 2 (3 oz.) Hot Dogs in Bun (ind. wrapped)
- 2 (4.5 oz.) Mini Cheese Burgers (2 twin pk.)
- 4 (4 oz.) Hot Pockets
- 2 (6.5 oz.) Pizza's
- 2 (1.58 oz.) White Castle Hamburgers  
(2 twin packs)
- 2 (2.8 oz.) Peanut Butter and Jelly Jamwich

## SEPTEMBER SPECIAL #1 \$25\*

### Steak Combo Box (5 lb.)

- 3 lb. T-Bone Steaks (4 x 12 oz.)
- 2 lb. New York Strip Steaks (4 x 8 oz.)

## SEPTEMBER SPECIAL #2 \$22\*

### Breaded Chicken Breast Nuggets (10 lb.)

- 10 lb. Breaded Chicken Breast Nuggets

## SEPTEMBER SPECIAL #3 \$23\*

### Premium Fresh Fruit and Veggie Box

- 3 lb. Idaho Potatoes
- 3 lb. Sweet Potatoes
- 3 lb. JonaMac Apples
- 2 lb. Yellow Onions
- 1 lb. Cello Carrots
- 1 Head Cello Lettuce
- 1 Head Green Cabbage
- 1 Avocado
- 1 Large Cantaloupe
- 1 Golden Ripe Pineapple
- 1 lb. Bag Kiwi
- 4 Lemons
- 4 Navel Oranges
- 4 Pears
- AFM Fruit and Veggie Recipe Sheet

\*plus sales tax where applicable

## Bread of Life Signature Box

### \$31

(plus sales tax where applicable)

*Balanced nutrition and variety with  
enough food to help feed a family of four  
for about a week.*

- 3 lb. (avg.) Family Tray Pack All  
Natural Split Chicken Breast
- 8 ct. Bean and Cheese Burritos
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Center Cut Boneless Pork  
Chops (6 x 4 oz.)
- 1.5 lb. Breaded Chicken Breast  
Nuggets
- 1 lb. Lean Ground Beef
- 1 lb. All Beef Sausage
- 1 lb. French Cut Green Beans
- 1 lb. Garden Peas
- 1 lb. Whole Kernel Corn
- 24 oz. Natural Cut French Fries
- 1 lb. Kidney Beans
- 1 lb. Rice
- 6 oz. Corn Bread Stuffing Mix
- 5.5 oz. Pancake Mix
- 32 oz. 2% Shelf Stable Milk
- 1 Dozen Eggs
- 6 ct. Fried Apple Pie Sticks  
(2.75 oz. each)

## Fast and Flavorful Cuisine

### \$28

(plus sales tax where applicable)

*Convenience meals great for seniors  
and people living with diabetes!*

- Roasted Chicken
- Chicken Alfredo
- Chicken Chow Mein
- Chicken Teriyaki
- Sweet and Sour Chicken
- Salisbury Steak and Gravy
- Homestyle Chili
- Beef Stew
- Chicken Mexicana
- Macaroni and Beef



## Bountiful Blessing Box

### \$41

(plus sales tax where applicable)

- 28 oz. Fully Cooked Pot Roast  
(Pot Roast in Gravy with Red Wedge  
Potatoes, Carrots, Sliced Celery and  
Pearl Onions)
- 3 lb. (avg.) Family Tray Pack All  
Natural Split Chicken Breast
- 28 oz. Fully Cooked Broccoli, Rice  
And Chicken with Cheese  
Dinner Entrée
- 8 ct. Bean and Cheese Burritos
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Center Cut Boneless Pork  
Chops (6 x 4 oz.)
- 1.5 lb. Breaded Chicken Breast  
Nuggets
- 1 lb. Lean Ground Beef
- 1 lb. All Beef Sausage
- 1 lb. Crunchy Breaded Fish Wedges
- 1 lb. French Cut Green Beans
- 1 lb. Garden Peas
- 1 lb. Sliced Carrots
- 1 lb. Whole Kernel Corn
- 1 lb. Broccoli Florets
- 1 lb. Cauliflower Florets
- 24 oz. Natural Cut French Fries
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 6 oz. Corn Bread Stuffing Mix
- 5.5 oz. Pancake Mix
- 32 oz. 2% Shelf Stable Milk
- 1 Dozen Eggs
- 6 ct. Fried Apple Pie Sticks  
(2.75 oz. each)

Angel Food Order Dates for September:  
Sunday, September 5, 10:30-11:00 a.m.  
Wednesday, September 8, 5:00-7:00 p.m.  
Saturday, September 11, 9:00-11:00 a.m.  
Wednesday, September 15, 5:00-7:00 p.m.

Distribution/Pick up Food: Saturday, September 25, 9:00-10:30 a.m.

Instructions: Place your order here at the church on one of  
dates listed. Pay with cash, credit, debit, food stamp cards  
Pick up your order here at the church on the distribution date.